

The Omnivore S Dilemma The Search For A Perfect M

More than Beef, Pork and Chicken - The Production, Processing, and Quality Traits of Other Sources of Meat for Human Diet José Manuel Lorenzo, Paulo E. S. Munekata, Francisco J. Barba, Fidel Toldrá. 2019-01-31 This comprehensive work explores the demand, supply and variable consumer attitude toward a wide variety of unconventional and exotic animal species that are consumed in different parts of the world. Individual chapters focus on the consumption of horse meat, camel, buffalo, sheep, rabbit, wild boar, deer, goose, pheasant and exotic meats such as alligator, snake, frog and turtle. For each type of animal species, the carcass characteristics, physico-chemical properties and nutritional value of the meat are extensively outlined. The consumer preference, behavior and perception of each type of meat are also covered, with focus on important factors from sensory properties to psychological and marketing aspects. In promoting a better understanding of the complexities involved in consumer decision making, this book aims to improve the competitiveness of the meat industry through effective informational strategies that can increase consumer acceptance of more convenient, healthy and environmentally friendly meat choices. More than Beef, Pork and Chicken - The Production, Processing, and Quality Traits of Other Sources of Meat for Human Diet also focuses on the important role meat plays in the human diet and the evolution of the species. Beneficial factors such as protein, B complex vitamins, zinc, selenium and

phosphorus are detailed. Negative factors are discussed as well, with issues such as fat and fatty acid content being addressed for each type of meat presented. In exploring the full range of nutritional benefits, consumer acceptance and carcass characteristics in a large quantity of different types of animal meats from all over the world, this book offers incredible value to researchers looking for a single source on unconventional meat processing.

The Handbook of Food Research Anne Murcott, Warren Belasco, Peter Jackson. 2013-08-15 The last 20 years have seen a burgeoning of social scientific and historical research on food. The field has drawn in experts to investigate topics such as: the way globalisation affects the food supply; what cookery books can (and cannot) tell us; changing understandings of famine; the social meanings of meals - and many more. Now sufficiently extensive to require a critical overview, this is the first handbook of specially commissioned essays to provide a tour d'horizon of this broad range of topics and disciplines. The editors have enlisted eminent researchers across the social sciences to illustrate the debates, concepts and analytic approaches of this widely diverse and dynamic field. This volume will be essential reading, a ready-to-hand reference book surveying the state of the art for anyone involved in, and actively concerned about research on the social, political, economic, psychological, geographic and historical aspects of food. It will cater for all who need to be informed of research that has been done and that is being done.

The Moral Complexities of Eating Meat Ben Bramble, Bob Fischer, Robert William Fischer. 2016 This volume collects twelve new essays by leading moral philosophers on a vitally important topic: the ethics of eating meat. Some of the key questions examined include: Are animals harmed or benefited by our practice of raising and killing them for food? Do the realities of the marketplace entail that we have no power as individuals to improve the lives of any animals by becoming vegetarian, and if

so, have we any reason to stop eating meat? Suppose it is morally wrong to eat meat--should we be blamed for doing so? If we should be vegetarians, what sort should we be?

The Omnivore's Dilemma Michael Pollan.2011 What shall we have for dinner? Such a simple question has grown to have a very complicated answer. We can eat almost anything nature has to offer, but deciding what we should eat stirs anxiety. Should we choose the organic apple or the conventional? If organic, local or imported? Wild fish or farmed? Low-carb or low-cal? As the American culture of fast food and unlimited choice invades the world, Pollan follows his next meal from land to table, tracing the origin of everything consumed and the implications for ourselves and our planet. His astonishing findings will shock all who care about what they put on their plate.

Food in a Planetary Emergency Dora Marinova,Diana Bogueva.2022-05-03 This book Food in a Planetary Emergency is a timely overview of the current food systems and the required transformations to respond to the challenges of climate change, population pressures, biodiversity loss and use of natural resources, such as soils, water and phosphorus. This book takes a planetary health perspective which explores the links between natural systems and human wellbeing implying that there is need for united actions to achieve important environmental and population health co-benefits. This book outlines that the foundation of planetary health is sustainability. It addresses environment and climate change emergency as a global agenda, however, emphasises the urgency of the sustainability perspective which integrates a wide spectrum of issues that require integrated solutions to offer better prospects for humanity. This book drives this argument further through the global Sustainable Development Goals (SDGs) where food is not just SDG2 but transcends all 17 goals. This book tackles the problems of food production and consumption at a global, industry and individual level linking it to topics related to the natural environment, climate change, waste,

marketing, new ways of producing food and providing alternative proteins, mitigating non-communicable diseases, flexitarianism and the role of Generation Z in the emerging dietary choices. This book benefits readers with understanding the importance and intricacy of their dietary choices at a point in time when our planet is facing an emergency triggered by long-term dependence on fossil fuels and artificial fertilisers but also by the ways we have provided food. However, this book also delivers the message that safeguarding and sustaining planetary health is possible.

Environmental Argument and Cultural Difference Ricca Edmondson, Henrike Rau. 2008 This text offers sociological evidence from three contrasting societies - Ireland, Germany and China - to explore how diversity of cultural context affects deliberation about the physical world. It disinters taken-for-granted practices, feelings and social relationships which affect environmental arguments.

Eating on the Wild Side Jo Robinson. 2013-06-04 Winner of the 2014 IACP Cookbook Award in the category of Food Matters. The next stage in the food revolution--a radical way to select fruits and vegetables and reclaim the flavor and nutrients we've lost. Ever since farmers first planted seeds 10,000 years ago, humans have been destroying the nutritional value of their fruits and vegetables. Unwittingly, we've been selecting plants that are high in starch and sugar and low in vitamins, minerals, fiber, and antioxidants for more than 400 generations. EATING ON THE WILD SIDE reveals the solution--choosing modern varieties that approach the nutritional content of wild plants but that also please the modern palate. Jo Robinson explains that many of these newly identified varieties can be found in supermarkets and farmer's market, and introduces simple, scientifically proven methods of preparation that enhance their flavor and nutrition. Based on years of scientific research and filled with food history and practical advice, EATING ON THE WILD SIDE will forever change the way we think about food.

Deeply Rooted Lisa M. Hamilton.2010-04 A century of industrialization has left our food system riddled with problems, yet for solutions we look to nutritionists and government agencies, scientists and chefs. Lisa M. Hamilton asks: why not look to the people who grow our food? In this narrative nonfiction book she tells three stories, of an African-American dairyman in Texas who plays David to the Goliath of agribusiness corporations; a tenth-generation rancher in New Mexico struggling to restore agriculture as a pillar of his community; and a modern pioneer family in North Dakota breeding new varieties of plants to face the future's double threat: climate change and the patenting of life forms. In unique ways, these "unconventional farmers" reject the passive role that modern agriculture has insisted they accept and instead reclaim their place as stewards of the land and leaders within society. Threads of history and discussion weave through the tales, exploring how farmers have been pushed to the margins of agriculture and how that has led to the broken food system we grapple with today. These unusual characters and their extraordinary stories make the case that in order to repair the damage, we must bring farmers back to the table.

Fields of Plenty .2005-10-13 *Fields of Plenty* is the memoir of respected farmer, writer, and photographer Michael Ableman as he and his son travel from his own farm in British Columbia across the United States in search of innovative and passionate farmers who are making a difference in what we eat and how we experience food. From California to New York, this story captures the essence of each farmer's vision, the spirit of the land that they work, and the beauty and flavors of the foods that they lovingly produce. Ableman's odyssey takes him to a melon grower who is militant about flavor, sheep-cheese producers who have built their own culturing caves, an urban farmer growing heirloom tomatoes for market on abandoned lots, and others who are trying to answer the complex questions of sustenance philosophically and, most important, practically. *Fields of Plenty* is

a hopeful memoir that reveals the larger issues of food in a modern world. Illustrated with Ableman's photographs and flavored with recipes that feature each farmer's bounty, *Fields of Plenty* is an intimate portrait of food and agriculture at a critical crossroads.--BOOK JACKET.

In Defense of Food Michael Pollan.2008-01-01 #1 New York Times Bestseller from the author of *This is Your Mind on Plants*, *How to Change Your Mind*, *The Omnivore's Dilemma*, and *Food Rules* Food. There's plenty of it around, and we all love to eat it. So why should anyone need to defend it? Because in the so-called Western diet, food has been replaced by nutrients, and common sense by confusion--most of what we're consuming today is longer the product of nature but of food science. The result is what Michael Pollan calls the American Paradox: The more we worry about nutrition, the less healthy we see to become. With *In Defense of Food*, Pollan proposes a new (and very old) answer to the question of what we should eat that comes down to seven simple but liberating words: Eat food. Not too much. Mostly plants. Pollan's bracing and eloquent manifesto shows us how we can start making thoughtful food choices that will enrich our lives, enlarge our sense of what it means to be healthy, and bring pleasure back to eating.

The Handbook of Global Science, Technology, and Innovation Daniele Archibugi,Andrea Filippetti.2015-06-29 *The Handbook of Global Science, Technology, and Innovation* This unique Handbook provides an overview of the globalization of science, technology, and innovation, including global trends in the way knowledge is produced and distributed, the development of institutions, and global policy. It shows how technological change and innovation are shaped by the role of emerging countries in the generation of science and technological knowledge, and transnational corporations, and how reforms in intellectual property rights and world trade have been affected by the increasingly international flows of knowledge, technology, and innovation. The book provides an in-

depth assessment of the themes and direction of science, technology, innovation, and public policy in an increasingly globalized world. With contributions from an international team of leading scholars, this cutting-edge reference work introduces readers to current debates about the role of science and technology in global society and the policy responses that shape its development. Comprising 28 specially commissioned chapters, the Handbook addresses major trends in global policy, including a significant shift toward private scientific research, the change in the distribution of science and technical knowledge, and a heightened awareness among policymakers of the economic and technological impact of scientific activity. Accessibly written, it provides an invaluable one-stop reference for students, social researchers, scientists, and policymakers alike.

Food Security, Nutrition and Sustainability Geoffrey Lawrence, Kristen Lyons, Tabatha Wallington. 2013 Publisher's description: As the threats of food insecurity loom ever larger, the world faces the sad irony of food shortages in the global South alongside a purported 'obesity epidemic' in the global North. The twin issues of food production and food access are of particular concern in the context of climate change, 'peak oil', biofuels, and land grabs by wealthy nations. *Food Security, Nutrition and Sustainability* offers critical insights by international scholars, with chapters on global food security, supermarket power, new technologies, and sustainability. The book also assesses the contributions of diet and nutrition research in building socially just and environmentally sustainable food systems and provides policy recommendations to improve the health and environmental status of contemporary agri-food systems. The book features contributions from a range of social science perspectives, including sociology, anthropology, public health and geography, with case study material drawn from throughout the world.

Second Thoughts on Capitalism and the State Leslie Sklair. 2022-05-02 This collection of essays

highlights the need for sociological and political analysis of actual alternatives to capitalism and the existing system of so-called nation states. It challenges the conventional idea that capitalism can be successfully reformed to meet the needs of most people in the world, confronting it with the existential threats posed by the perfect storm of climate change and the Anthropocene, hyper-urbanization, and the Coronavirus pandemic. Written over a period of 50 years, it charts the ways in which capitalism and socialism have evolved as global systems, their successes and failures, to the point that “it is easier to imagine the end of the world than the end of capitalism”. It offers ways forward, community by community.

Food and Architecture Samantha L. Martin-McAuliffe. 2016-09-22 Food and Architecture is the first book to explore the relationship between these two fields of study and practice. Bringing together leading voices from both food studies and architecture, it provides a ground-breaking, cross-disciplinary analysis of two disciplines which both rely on a combination of creativity, intuition, taste, and science but have rarely been engaged in direct dialogue. Each of the four sections - Regionalism, Sustainability, Craft, and Authenticity - focuses on a core area of overlap between food and architecture. Structured around a series of 'conversations' between chefs, culinary historians and architects, each theme is explored through a variety of case studies, ranging from pig slaughtering and farmhouses in Greece to authenticity and heritage in American cuisine. Drawing on a range of approaches from both disciplines, methodologies include practice-based research, literary analysis, memoir, and narrative. The end of each section features a commentary by Samantha Martin-McAuliffe which emphasizes key themes and connections. This compelling book is invaluable reading for students and scholars in food studies and architecture as well as practicing chefs and architects.

Sustainable Consumption and the Good Life Karen Lykke Syse, Martin Lee Mueller. 2014-11-20 What does it mean to live a good life in a time when the planet is overheating, the human population continues to steadily reach new peaks, oceans are turning more acidic, and fertile soils the world over are eroding at unprecedented rates? These and other simultaneous harms and threats demand creative responses at several levels of consideration and action. Written by an international team of contributors, this book examines in-depth the relationship between sustainability and the good life. Drawing on wealth of theories, from social practice theory to architecture and design theory, and disciplines, such as anthropology and environmental philosophy, this volume promotes participatory action-research based approaches to encourage sustainability and wellbeing at local levels. It covers topical issues such the politics of prosperity, globalization, and indigenous notions of the good life and happiness. Finally it places a strong emphasis on food at the heart of the sustainability and good life debate, for instance binding the global south to the north through import and exports, or linking everyday lives to ideals within the dream of the good life, with cookbooks and shows. This interdisciplinary book provides invaluable insights for researchers and postgraduate students interested in the contribution of the environmental humanities to the sustainability debate.

Teaching Secondary English as If the Planet Matters Sasha Matthewman. 2010-12-14 'This is an important book for all concerned with the teaching and learning of English, exploring new and hugely significant areas in a scholarly, thought-provoking and eminently practical way.' – David Stevens, University of Durham, UK Drawing together ideas from a range of disciplines in the study of texts which explore nature, the built environment and issues of climate change and environmental stress, this book shows how English is well placed to develop the cultural, aesthetic and emotional response to environmental themes – both as part of everyday practice and within wider curriculum

innovations. Features include: critical reflection on the teaching of secondary English connections with the academic study of ecocriticism and/or key environmental issues suggested teaching activities and/or reflections from classroom practice sources of further reading and information. The true worth of a school subject is revealed in how far it can account for and respond to the major issues of the time. This timely textbook breaks new ground in showing how English teachers can have a pivotal role in responding to the environmental crisis.

Environment and Food Colin Sage.2011-07-07 This timely book provides a thorough introduction to the inter-relationship of food and the environment. Its primary purpose is to bring to our attention the multiplicity of linkages and interconnections between what we eat and how this impacts on the earth's resources. Having a better idea of the consequences of our food choices might encourage us to develop more sustainable practices of production and consumption in the decades ahead.

Although human societies have, over time, brought under control a large proportion of the earth's resources for the purpose of food production, we remain subject to the effective functioning of global ecosystem services. The author highlights the vital importance of these services and explains why we should be concerned about the depletion of freshwater resources, soil fertility decline and loss of biological diversity. The book also tackles some of the enormous challenges of our era: climate change - to which the agri-food system is both a major contributor and a vulnerable sector - and the prospect of significantly higher energy prices, arising from the peaking of oil and gas supplies which will reveal how dependent the food system has become upon cheap fossil fuels. Such challenges are likely to have significant implications for the long-term functioning of global supply chains and raise profound questions regarding the nutritional security of the world's population. Taken together the book argues that a re-examination of the assumptions and practices underpinning the contemporary

food system is urgently required. *Environment and Food* is a highly original, inter-disciplinary and accessible text that will be of interest to students and the wider public genuinely interested in and concerned by the state of the world's food provisioning system. It is richly illustrated with figures and makes extensive use of boxes to highlight relevant examples.

The Omnivore's Dilemma Michael Pollan. 2009-09-07 What shall we have for dinner? Such a simple question has grown to have a very complicated answer. We can eat almost anything nature has to offer, but deciding what we should eat stirs anxiety. Should we choose the organic apple or the conventional? If organic, local or imported? Wild fish or farmed? Low-carb or low-cal? As the American culture of fast food and unlimited choice invades the world, Pollan follows his next meal from land to table, tracing the origin of everything consumed and the implications for ourselves and our planet. His astonishing findings will shock all who care about what they put on their plate.

Animal (De)liberation Jan Deckers. 2016-07-28 In this book, Jan Deckers addresses the most crucial question that people must deliberate in relation to how we should treat other animals: whether we should eat animal products. Many people object to the consumption of animal products from the conviction that it inflicts pain, suffering, and death upon animals. This book argues that a convincing ethical theory cannot be based on these important concerns: rather, it must focus on our interest in human health. Tending to this interest demands not only that we extend speciesism—the attribution of special significance to members of our own species merely because they belong to the same species as ourselves—towards nonhuman animals, but also that we safeguard the integrity of nature. In this light, projects that aim to engineer the genetic material of animals to reduce their capacities to feel pain and to suffer are morally suspect. The same applies to projects that aim to develop in-vitro flesh, even if the production of such flesh should be welcomed on other grounds. The theory

proposed in this book is accompanied by a political goal, the ‘vegan project’, which strives for a qualified ban on the consumption of animal products. Deckers also provides empirical evidence that some support for this goal exists already, and his analysis of the views of others—including those of slaughterhouse workers—reveals that the vegan project stands firm in spite of public opposition. Many charges have been pressed against vegan diets, including: that they alienate human beings from nature; that they increase human food security concerns; and that they are unsustainable. Deckers argues that these charges are legitimate in some cases, but that, in many situations, vegan diets are actually superior. For those who remain doubtful, the book also contains an appendix that considers whether vegan diets might actually be nutritionally adequate.

The Omnivore's Dilemma Michael Pollan. 2007-08-28 Outstanding . . . a wide-ranging invitation to think through the moral ramifications of our eating habits. —The New Yorker One of the New York Times Book Review's Ten Best Books of the Year and Winner of the James Beard Award Author of *This is Your Mind on Plants*, *How to Change Your Mind* and the #1 New York Times Bestseller *In Defense of Food* and *Food Rules* What should we have for dinner? Ten years ago, Michael Pollan confronted us with this seemingly simple question and, with *The Omnivore's Dilemma*, his brilliant and eye-opening exploration of our food choices, demonstrated that how we answer it today may determine not only our health but our survival as a species. In the years since, Pollan's revolutionary examination has changed the way Americans think about food. Bringing wide attention to the little-known but vitally important dimensions of food and agriculture in America, Pollan launched a national conversation about what we eat and the profound consequences that even the simplest everyday food choices have on both ourselves and the natural world. Ten years later, *The Omnivore's Dilemma* continues to transform the way Americans think about the politics, perils, and

pleasures of eating.

The Omnivore's Dilemma Michael Pollan. 2016 Today, buffeted by one food fad after another, America is suffering from what can only be described as a national eating disorder. Will it be fast food tonight, or something organic? Or perhaps something we grew ourselves? The question of what to have for dinner has confronted us since man discovered fire. But as Michael Pollan explains in this revolutionary book, how we answer it now, at the dawn of the twenty-first century may determine our survival as a species. --From publisher description.

Cooked Michael Pollan. 2014-04-29 Michael Pollan, the bestselling author of *The Omnivore's Dilemma*, *Food Rules*, *How to Change Your Mind*, and *This is Your Mind on Plants* explores the previously uncharted territory of his own kitchen in *Cooked*. Having described what's wrong with American food in his best-selling *The Omnivore's Dilemma* (2006), New York Times contributor Pollan delivers a more optimistic but equally fascinating account of how to do it right. . . . A delightful chronicle of the education of a cook who steps back frequently to extol the scientific and philosophical basis of this deeply satisfying human activity. —Kirkus (starred review) *Cooked* is now a Netflix docuseries based on the book that focuses on the four kinds of transformations that occur in cooking. Directed by Oscar-winning filmmaker Alex Gibney and starring Michael Pollan, *Cooked* teases out the links between science, culture and the flavors we love. In *Cooked*, Pollan discovers the enduring power of the four classical elements—fire, water, air, and earth—to transform the stuff of nature into delicious things to eat and drink. Apprenticing himself to a succession of culinary masters, Pollan learns how to grill with fire, cook with liquid, bake bread, and ferment everything from cheese to beer. Each section of *Cooked* tracks Pollan's effort to master a single classic recipe using one of the four elements. A North Carolina barbecue pit master tutors him in the primal magic

of fire; a Chez Panisse-trained cook schools him in the art of braising; a celebrated baker teaches him how air transforms grain and water into a fragrant loaf of bread; and finally, several mad-genius “fermentos” (a tribe that includes brewers, cheese makers, and all kinds of picklers) reveal how fungi and bacteria can perform the most amazing alchemies of all. The reader learns alongside Pollan, but the lessons move beyond the practical to become an investigation of how cooking involves us in a web of social and ecological relationships. Cooking, above all, connects us. The effects of not cooking are similarly far reaching. Relying upon corporations to process our food means we consume large quantities of fat, sugar, and salt; disrupt an essential link to the natural world; and weaken our relationships with family and friends. In fact, Cooked argues, taking back control of cooking may be the single most important step anyone can take to help make the American food system healthier and more sustainable. Reclaiming cooking as an act of enjoyment and self-reliance, learning to perform the magic of these everyday transformations, opens the door to a more nourishing life.

Ecocriticism and Italy Serenella Iovino. 2016-01-28 Winner of the MLA Aldo and Jeanne Scaglione Prize for Italian Studies 2016 Winner of the American Association for Italian Studies Book Prize 2016 Written by one of Europe's leading critics, *Ecocriticism and Italy* reads the diverse landscapes of Italy in the cultural imagination. From death in Venice as a literary trope and petrochemical curse, through the volcanoes of Naples to wine, food and environmental violence in Piedmont, Serenella Iovino explores Italy as a text where ecology and imagination meet. Examining cases where justice, society and politics interlace with stories of land and life, pollution and redemption, the book argues that literature, art and criticism are able to transform the unexpressed voices of these suffering worlds into stories of resistance and practices of liberation.

Farming on the Fringe Sarah James.2016-09-06 This volume offers a new perspective to debates on local food and urban sustainability presenting the long silenced voices of the small-scale farmers from the productive green fringe of Sydney's sprawling urban jungle. Providing fresh food for the city and local employment, these culturally and linguistically diverse farmers contribute not only to Sydney's globalizing demographic and cultural fabric, but also play a critical role in the city's environmental sustainability. In the battle for urban space housing development threatens to turn these farmlands into sprawling suburbia. In thinking from and with the urban 'fringe', this book moves beyond the housing versus farming debate to present a vision for urban growth that is dynamic and alive to the needs of the 21st century city. In a unique bringing together of the twin forces shaping contemporary urbanism - environmental change and global population flows - the voices from the fringe demand to be heard in the debate on future urban food sustainability.

The Routledge Handbook of Gastronomic Tourism Saurabh Kumar Dixit.2019-02-01 The Routledge Handbook of Gastronomic Tourism explores the rapid transformations that have affected the interrelated areas of gastronomy, tourism and society, shaping new forms of destination branding, visitor satisfaction, and induced purchase decisions. This edited text critically examines current debates, critical reflections of contemporary ideas, controversies and queries relating to the fast-growing niche market of gastronomic tourism. This comprehensive book is structured into six parts. Part I offers an introductory understanding of gastronomic tourism; Part II deals with the issues relating to gastronomic tourist behavior; Part III raises important issues of sustainability in gastronomic tourism; Part IV reveals how digital developments have influenced the changing expressions of gastronomic tourism; Part V highlights the contemporary forms of gastronomic tourism; and Part VI elaborates other emerging paradigms of gastronomic tourism. Combining the

knowledge and expertise of over a hundred scholars from thirty-one countries around the world, the book aims to foster synergetic interaction between academia and industry. Its wealth of case studies and examples make it an essential resource for students, researchers and industry practitioners of hospitality, tourism, gastronomy, management, marketing, consumer behavior, business and cultural studies.

The Omnivore's Dilemma Michael Pollan.2015-08-04 This acclaimed bestseller and modern classic has changed America's relationship with food. It's essential reading for kids who care about the environment and climate change. "What's for dinner?" seemed like a simple question—until journalist and supermarket detective Michael Pollan delved behind the scenes. From fast food and big organic to small farms and old-fashioned hunting and gathering, this young readers' adaptation of Pollan's famous food-chain exploration encourages kids to consider the personal and global implications of their food choices. With plenty of photos, graphs, and visuals, *The Omnivore's Dilemma* serves up a bold message to the generation most impacted by climate change: It's time to take charge of our national eating habits—and it starts with you.

Globalisation, the State and Regional Australia Amanda Walsh.2018-05-15 'If we are to understand global capital, neoliberalism and the state in meaningful ways, we must understand them as they operate in, and on, particular places and people.' Amanda Walsh *Globalisation* is an inescapable term in the 21st century, but its real meaning is often difficult to pin down. This book sheds new light on the political and economic implications of globalisation by examining the lived experience of a particular region: the Shoalhaven area of New South Wales, where two iconic Australian industries - dairying and manufacturing - struggled to survive in the face of global competition. Drilling down through layers of theory, policy and politics, Amanda Walsh surveys how globalisation has played out

in regional Australia. Using industry case studies, she explores how decisions made at a national level have affected regional communities, and considers the role of the state in promoting and mediating globalising forces.

Practical Ethics for Food Professionals J. Peter Clark, Christopher Ritson. 2013-07-29 This book offers a practical guide to the most pressing ethical issues faced by those working in food manufacturing and associated industries. Early chapters look at the fundamentals of ethical thinking and how lessons of medical ethics might be applied to the food industry. The book then addresses some issues specifically relevant to the food industry, including treatment of animals; the use of genetically modified organisms; food product advertising; health claims and sustainability. Several further chapters present case studies which show how ethical thinking can be applied in real life examples. This volume should be on the desk of every food industry professional responsible for important decisions about science, marketing, resources, sustainability, the environment and people.

How to Change Your Mind Michael Pollan. 2019-05-14 Now on Netflix as a 4-part documentary series! "Pollan keeps you turning the pages . . . cleareyed and assured." —New York Times A #1 New York Times Bestseller, New York Times Book Review 10 Best Books of 2018, and New York Times Notable Book A brilliant and brave investigation into the medical and scientific revolution taking place around psychedelic drugs--and the spellbinding story of his own life-changing psychedelic experiences When Michael Pollan set out to research how LSD and psilocybin (the active ingredient in magic mushrooms) are being used to provide relief to people suffering from difficult-to-treat conditions such as depression, addiction and anxiety, he did not intend to write what is undoubtedly his most personal book. But upon discovering how these remarkable substances are improving the lives not only of the mentally ill but also of healthy people coming to grips with the

challenges of everyday life, he decided to explore the landscape of the mind in the first person as well as the third. Thus began a singular adventure into various altered states of consciousness, along with a dive deep into both the latest brain science and the thriving underground community of psychedelic therapists. Pollan sifts the historical record to separate the truth about these mysterious drugs from the myths that have surrounded them since the 1960s, when a handful of psychedelic evangelists inadvertently catalyzed a powerful backlash against what was then a promising field of research. A unique and elegant blend of science, memoir, travel writing, history, and medicine, *How to Change Your Mind* is a triumph of participatory journalism. By turns dazzling and edifying, it is the gripping account of a journey to an exciting and unexpected new frontier in our understanding of the mind, the self, and our place in the world. The true subject of Pollan's mental travelogue is not just psychedelic drugs but also the eternal puzzle of human consciousness and how, in a world that offers us both suffering and joy, we can do our best to be fully present and find meaning in our lives.

Gastronomy, Tourism and the Media Warwick Frost, Jennifer Laing, Gary Best, Kim Williams, Paul Strickland, Clare Lade. 2016-07-27 This book examines and analyses the connections between gastronomy, tourism and the media. It argues that in the modern world, gastronomy is increasingly a major component and driver of tourism and that destinations are using their cuisines and food cultures in marketing to increase their competitive advantage. It proposes that these processes are interconnected with film, television, print and social media. The book emphasises the notion of gastronomy as a dynamic concept, in particular how it has recently become more widely used and understood throughout the world. The volume introduces core concepts and delves more deeply into current trends in gastronomy, the forces which shape them and their implications for tourism. The book is multidisciplinary and will appeal to researchers in the fields of gastronomy, hospitality,

tourism and media studies.

The Perfect Meal Charles Spence, Betina Piqueras-Fiszman. 2014-07-10 The authors of *The Perfect Meal* examine all of the elements that contribute to the diner's experience of a meal (primarily at a restaurant) and investigate how each of the diner's senses contributes to their overall multisensory experience. The principal focus of the book is not on flavor perception, but on all of the non-food and beverage factors that have been shown to influence the diner's overall experience. Examples are: the colour of the plate (visual) the shape of the glass (visual/tactile) the names used to describe the dishes (cognitive) the background music playing inside the restaurant (aural) Novel approaches to understanding the diner's experience in the restaurant setting are explored from the perspectives of decision neuroscience, marketing, design, and psychology. 2015 Popular Science Prose Award Winner.

The Botany of Desire Michael Pollan. 2002-05-28 "Pollan shines a light on our own nature as well as on our implication in the natural world." —The New York Times "A wry, informed pastoral." —The New Yorker The book that helped make Michael Pollan, the New York Times bestselling author of *How to Change Your Mind*, *Cooked* and *The Omnivore's Dilemma*, one of the most trusted food experts in America Every schoolchild learns about the mutually beneficial dance of honeybees and flowers: The bee collects nectar and pollen to make honey and, in the process, spreads the flowers' genes far and wide. In *The Botany of Desire*, Michael Pollan ingeniously demonstrates how people and domesticated plants have formed a similarly reciprocal relationship. He masterfully links four fundamental human desires—sweetness, beauty, intoxication, and control—with the plants that satisfy them: the apple, the tulip, marijuana, and the potato. In telling the stories of four familiar species, Pollan illustrates how the plants have evolved to satisfy humankind's most basic yearnings.

And just as we've benefited from these plants, we have also done well by them. So who is really domesticating whom?

Rising Powers, Shrinking Planet Michael T. Klare.2009-03-31 Now in paperback, *Rising Powers, Shrinking Planet* surveys the energy driven dynamic that is reconfiguring the international landscape: Russia, the battered Cold War loser, is now the arrogant broker of Eurasian energy, and the United States, once the world's superpower, must now compete with the emerging chindia juggernaut for finite resources. Forecasting a future of surprising new alliances and explosive danger, Klare, the preeminent expert on resource geopolitics, argues that the only route to survival in our radically altered world lies through international cooperation--Book cover

Science and Technology Education Promoting Wellbeing for Individuals, Societies and Environments Larry Bencze.2017-06-21 This edited volume provides theoretical and practical resources relating to the 'STEPWISE' curricular and instructional framework. 'STEPWISE' is the acronym for Science & Technology Education Promoting Wellbeing for Individuals, Societies & Environments. It is a framework for organizing teaching and learning domains in ways that prioritize personal and social actions to address 'critical socioscientific issues' — that is, controversial decisions by powerful individuals/groups about science and technology (and related fields) that may adversely affect individuals, societies and/or environments. The book contains chapters written by and/or with teachers who have used STEPWISE to guide their instructional practices, as well as chapters written by education scholars who have used a range of theoretical lenses to analyze and evaluate STEPWISE — and, in several cases, described ways in which it relates to (or could relate to) their practices and/or ways in which the framework might logically be amended. Overall, this book offers educators, policy makers and others with resources useful for arranging science and

technology education in ways that may assist societies in addressing significant potential personal, social and/or environmental problems — such as dramatic climate change, preventable human diseases, species losses, and social injustices — associated with fields of science and technology.

Seeking Symmetry Niall Galloway.2018-09-01 Seeking Symmetry: Finding patterns in human health offers a guide through the overwhelming mass of data generated by contemporary science. Starved for the knowledge that would best help us stay healthy, we are simultaneously glutted with an overload of information about the human body. Amidst ubiquitous talk that patient-centred care and lifestyle changes are the keys to personal health, self-neglect and medical overtreatment nevertheless prevail. The body is rich with symmetries, many of them unknown to us who live in these bodies. Symmetry-seeking reveals certain patterns for understanding the information we have about the body, patterns whose roots lie in embryonic development and in evolution. The book's exploration will guide readers through the parts of their own bodies and introduce tangible, visible examples of symmetry, not only right and left but up and down, male and female, inside and out, as well as symmetries between humans and other species.It presents the symmetries of the body's internal structures that, despite their complexity, are nevertheless simple to understand when viewed with an eye for pattern.Through both words and images, this book will illustrate the most foundational of the principles, structures, and processes that decide how bodies function.A core purpose of the book is to present this knowledge through a lens that makes the information meaningful, by modelling the habit of symmetry-seeking.

Call of the Reed Warbler Charles Massy.2018-08-31 “Charles Massy has written a definitive masterpiece that takes its place along with the writings of Aldo Leopold, Wendell Berry, Masanobu Fukuoka, Humberto Maturana, and Michael Pollan. No work has more brilliantly defined

regenerative agriculture and the breadth of its restorative impact upon human health, biodiversity, climate, and ecological intelligence. --Paul Hawken In *Call of the Reed Warbler*, Charles Massy explores regenerative agriculture and the vital connection between our soil and our health. It is the story of how a grassroots revolution—a true underground insurgency—can save the planet, help reduce and reverse climate change, and build healthy people and healthy communities, pivoting significantly on our relationship with growing and consuming food. Using his personal experience as a touchstone—from an unknowing, chemical-using farmer with dead soils to a radical ecologist farmer carefully regenerating a 2000-hectare property to a state of natural health—Massy tells the real story behind industrial agriculture and the global profit-obsessed corporations driving it. With evocative stories, he shows how other innovative and courageous farmers are finding a new way. At stake is not only a revolution in human health and in our communities, but the very survival of the planet. For farmers, backyard gardeners, food buyers, health workers, policy makers, and public leaders alike, *Call of the Reed Warbler* offers a tangible path forward and a powerful and moving paean of hope. It's not too late to regenerate the earth. *Call of the Reed Warbler* shows the way forward for the future of our food supply, our planet, and our health.

On Care for Our Common Home, Laudato Si' Pope Francis, McDonagh, Sean. 2016-03-08 Brings together the full text of *Laudato Si'* with reflections by Sean McDonagh, one of the foremost Catholic proponents of ecological awareness. In addition to an overview of the history of Catholic teaching and the environment, he elaborates on several of the specific themes in the encyclical including climate change, biodiversity, water scarcity, the threats to the ocean, and the crisis of food. He concludes with prescriptions about what must be done to turn the vision of Pope Francis into a program of effective action. Each of us has a role to play. As Pope Francis observes, All it takes is

one good person to restore hope.

In Defence of Food Michael Pollan.2008-01-31 'A must-read ... satisfying, rich ... loaded with flavour' Sunday Telegraph This book is a celebration of food. By food, Michael Pollan means real, proper, simple food - not the kind that comes in a packet, or has lists of unpronounceable ingredients, or that makes nutritional claims about how healthy it is. More like the kind of food your great-grandmother would recognize. *In Defence of Food* is a simple invitation to junk the science, ditch the diet and instead rediscover the joys of eating well. By following a few pieces of advice (Eat at a table - a desk doesn't count. Don't buy food where you'd buy your petrol!), you will enrich your life and your palate, and enlarge your sense of what it means to be healthy and happy. It's time to fall in love with food again. For the past twenty years, Michael Pollan has been writing about the places where the human and natural worlds intersect: food, agriculture, gardens, drugs, and architecture. His most recent book, about the ethics and ecology of eating, is *The Omnivore's Dilemma*, named one of the ten best books of 2006 by the New York Times and the Washington Post. He is also the author of *The Botany of Desire*, *A Place of My Own* and *Second Nature*.

Food and the Self Isabelle de Solier.2013-10-10 We often hear that selves are no longer formed through producing material things at work, but by consuming them in leisure, leading to 'meaningless' modern lives. This important book reveals the cultural shift to be more complex, demonstrating how people in postindustrial societies strive to form meaningful and moral selves through both the consumption and production of material culture in leisure. Focusing on the material culture of food, the book explores these theoretical questions through an ethnography of those individuals for whom food is central to their self: 'foodies'. It examines what foodies do, and why they do it, through an in-depth study of their lived experiences. The book uncovers how food

offers a means of shaping the self not as a consumer but as an amateur who engages in both the production and consumption of material culture and adopts a professional approach which reveals the new moralities of productive leisure in self-formation. The chapters examine a variety of practices, from fine dining and shopping to cooking and blogging, and include rare data on how people use media such as cookbooks, food television, and digital food media in their everyday life. This book is ideal for students, scholars, and anyone interested in the meaning of food in modern life.

Rethinking Food and Agriculture Amir Kassam, Laila Kassam. 2020-10-18 Given the central role of the food and agriculture system in driving so many of the connected ecological, social and economic threats and challenges we currently face, *Rethinking Food and Agriculture* reviews, reassesses and reimagines the current food and agriculture system and the narrow paradigm in which it operates. *Rethinking Food and Agriculture* explores and uncovers some of the key historical, ethical, economic, social, cultural, political, and structural drivers and root causes of unsustainability, degradation of the agricultural environment, destruction of nature, short-comings in science and knowledge systems, inequality, hunger and food insecurity, and disharmony. It reviews efforts towards 'sustainable development', and reassesses whether these efforts have been implemented with adequate responsibility, acceptable societal and environmental costs and optimal engagement to secure sustainability, equity and justice. The book highlights the many ways that farmers and their communities, civil society groups, social movements, development experts, scientists and others have been raising awareness of these issues, implementing solutions and forging 'new ways forward', for example towards paradigms of agriculture, natural resource management and human nutrition which are more sustainable and just. *Rethinking Food and Agriculture* proposes ways to

move beyond the current limited view of agro-ecological sustainability towards overall sustainability of the food and agriculture system based on the principle of 'inclusive responsibility'. Inclusive responsibility encourages ecosystem sustainability based on agro-ecological and planetary limits to sustainable resource use for production and livelihoods. Inclusive responsibility also places importance on quality of life, pluralism, equity and justice for all and emphasises the health, well-being, sovereignty, dignity and rights of producers, consumers and other stakeholders, as well as of nonhuman animals and the natural world. Explores some of the key drivers and root causes of unsustainability, degradation of the agricultural environment and destruction of nature Highlights the many ways that different stakeholders have been forging 'new ways forward' towards alternative paradigms of agriculture, human nutrition and political economy, which are more sustainable and just Proposes ways to move beyond the current unsustainable exploitation of natural resources towards agroecological sustainability and overall sustainability of the food and agriculture system based on 'inclusive responsibility'

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